

Swim England Safety Laws

Swimming Officials' Prompt Card

Announcer

THE FOLLOWING ANNOUNCEMENTS, TO COMPETITORS AND OTHERS, MUST BE MADE AT THE START OF EACH SESSION OF THE COMPETITION AND BEFORE EACH WARM-UP

Announcer

1. Receive a briefing from the promoter and/or referee.

2. Make the following relevant announcements:

2.1 "You are reminded that the depth of water at the shallow end is (announce depth), and the deep end is (announce depth). Starting blocks are (announce height) above water level at the shallow end, and (announce height) above water level at the deep end"

2.2 When the water depth is less than 0.9m at the end of the pool where starting or turning takes place, you must make the following announcement:

"As the water depth is below 0.9m at (name the end(s)) of the pool, all starts at that end must be in the water, and you are reminded that the depth is considered insufficient for tumble turns"

2.3 When the water depth is 0.9m, but less than 1.5m, and the height of the pool edge is not more than 0.38m above the level of the water, you must make the following announcement:

"Coaches and team managers are reminded that only those swimmers who have reached the standard of the Swim England Preliminary Competitive Start Award are permitted to start with a shallow racing dive from the side of the pool. Swimmers who have not reached this standard must start in the water"

2.4 When the water depth is 0.9m, but less than 1.5m, and starting blocks are provided, you must make the following announcement:

"Coaches and team managers are reminded that only those swimmers who have reached the standard of the Swim England Competitive Start Award are permitted to start with a shallow racing dive from the starting blocks."

2.5 *"If there is a false start, you must continue with a shallow racing dive. You must not topple into the water head downwards, as this is dangerous."*

2.6 *"If you are starting in the water, you must lower yourself over the side; do not jump or dive"*

2.7 "The signal that you will hear if it becomes necessary to evacuate the building will be (announce here the nature of the alarm, as given in the Pool Safety Operating Procedures, and give a sample sounding if possible)."

2.8 *"To evacuate the building, all those present must use the marked emergency exits. Swimmers and officials must not return to the changing rooms to collect their clothes or belongings."*

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