

Programme of Events

Premier Division, Division 1 and Division 2

Galas shall generally be swum in pools four lengths of which are 100 metres

Event	Group	Age	Distance	Stroke
1 & 2	Ladies / Gents	Open	200m	Individual Medley
3 & 4	Girls / Boys	9 – 11yrs	4 x 50m	Freestyle Team
5 & 6	Girls/ Boys	13 & under	4 x 50m	Medley Team
7 & 8	Girls / Boys	15 & under	4 x 50m	Freestyle Team
9 & 10	Ladies / Gents	Open	4 x 50m	Medley Team
11 & 12	Girls / Boys	10 – 11yrs	50m	Backstroke
13 & 14	Girls / Boys	13 & under	100m	Breaststroke
15 & 16	Girls / Boys	15 & under	100m	Backstroke
17 & 18	Ladies / Gents	Open	100m	Butterfly
19 & 20	Girls / Boys	10 – 11yrs	50m	Butterfly
21 & 22	Girls / Boys	13 & under	100m	Backstroke
23 & 24	Girls / Boys	15 & under	100m	Butterfly
25 & 26	Ladies / Gents	Open	100m	Backstroke
27 & 28	Girls / Boys	10 – 11yrs	50m	Breaststroke
29 & 30	Girls / Boys	13 & under	100m	Butterfly
31 & 32	Girls / Boys	15 & under	100m	Freestyle
33 & 34	Ladies / Gents	Open	100m	Breaststroke
35 & 36	Girls / Boys	10 – 11yrs	50m	Freestyle
37 & 38	Girls / Boys	13 & under	100m	Freestyle
39 & 40	Girls / Boys	15 & under	100m	Breaststroke
41 & 42	Ladies / Gents	Open	100m	Freestyle
43 & 44	Girls / Boys	9 – 11yrs	4 x 50m	Medley Team
45 & 46	Girls / Boys	13 & under	4 x 50m	Freestyle Team
47 & 48	Girls / Boys	15 & under	4 x 50m	Medley Team
49 & 50	Ladies / Gents	Open	6 x 50m	Freestyle Team

Individual Events

10 - 11yrs	50m
13 & under	100m
15 & under	100m
Open	100m

Relay Events

9 – 11yrs	4 x 50m
13 & under	4 x 50m
15 & under	4 x 50m
Open.	4 x 50m Medley Team
Open	6 x 50m Free Team

Minor Division

Galas shall generally be held in pools four lengths of which are 100 metres

Event	Group	Age	Distance	Stroke
1 & 2	Girls / Boys	10 & 11yrs	50m	Breaststroke
3 & 4	Girls / Boys	15 & under	100m	Backstroke
5 & 6	Girls / Boys	13 & under	50m	Butterfly
7 & 8	Ladies / Gents	Open	100m	Freestyle
9 & 10	Girls / Boys	10 & 11yrs	50m	Backstroke
11 & 12	Girls / Boys	15 & under	100m	Butterfly
13 & 14	Girls / Boys	13yrs & under	50m	Freestyle
15 & 16	Ladies / Gents	Open	100m	Breaststroke
17	Mixed B & G	9, 10 & 11yrs	4 x 50m	Medley Relay
18	Mixed B & G	15 & under	4 x 50m	Medley Relay
19	Mixed B & G	13 & under	4 x 50m	Medley Relay
20	Mixed B & G	Open	4 x 50m	Medley Relay
21 & 22	Girls / Boys	10 & 11yrs	50m	Butterfly
23 & 24	Girls / Boys	15 & under	100m	Freestyle
25 & 26	Girls / Boys	13 & under	50m	Breaststroke
27 & 28	Ladies / Gents	Open	100m	Backstroke
29 & 30	Girls / Boys	10 & 11yrs	50m	Freestyle
31 & 32	Girls / Boys	15 & Under	100m	Breaststroke
33 & 34	Girls / Boys	13 & under	50m	Backstroke
35 & 36	Ladies / Gents	Open	100m	Butterfly
37	Mixed B & G	9, 10 & 11yrs	4 x 50m	Freestyle Team
38	Mixed B & G	15 & under	4 x 50m	Freestyle Team
39	Mixed B & G	13 & under	4 x 50m	Freestyle Team
40	Mixed L & G	Open	4 x 50m	Freestyle Team

Minimum Ages:

Individual Events: 10yrs.

Team Events: 9yrs

Mixed Relay Teams:

Teams will consist of 2 Girls / Ladies & 2 Boys / Gents swimming in any order desired.

Updated
01/10/19