



**The National Arena Swimming League – East Midlands
Round 1 Draw
1st Round - Saturday 12th October 2019**

PREMIER DIVISION	
Cambridge	
Lane 1	Norwich Swan
Lane 2	Moderians
Lane 3	West Suffolk
Lane 4	City of Cambridge A Host
Lane 5	City of Norwich A
Lane 6	West Norfolk
Lane 7	Newmarket
Lane 8	City of Cambridge B

PREMIER DIVISION	
Grantham	
WU 4.30pm -Start 5.00pm	
Lane 1	City of Peterborough B
Lane 2	Calverton & Bingham
Lane 3	City of Peterborough A
Lane 4	Northampton A
Lane 5	City of Milton Keynes
Lane 6	Lincoln Vulcans Host
Lane 7	Nottingham Leander A
Lane 8	Northampton B

DIVISION TWO	
Melton Mowbray	
Lane 1	Wellingborough
Lane 2	Biggleswade
Lane 3	Melton Mowbray Host
Lane 4	Sherwood Colliery
Lane 5	Notts Leander B

DIVISION TWO	
Dereham	
Lane 1	Wisbech
Lane 2	City of Norwich B
Lane 3	Dereham Otters Host
Lane 4	St Ives
Lane 5	Lowestoft & OB