



The National Arena Swimming League – South

[Affiliated to ASA SER]

The Hon. Secretary. NASLS,
Mrs Kathy Hook
5 Virginia Close
Bromley
Kent
BR2 0AF
020 8313 1578
07748914704
hookkathy@gmail.com

It is the responsibility of Club Secretaries to ensure that the NASLS (address above) has a valid return of this form completed before 1st September 2018. It may be emailed back to hookkathy@gmail.com

Interpretation of age groups - 2018 competition:

- 11/U means born on 1st January 2007 to 31st December 2008.
- 13/U means born on 1st January 2005 to 31st December 2008.
- 15/U means born on 1st January 2003 to 31st December 2008.
- Open means born before 1st January 2003.

Under ASA Law swimmers born in 2009 may compete in relays only.

DECLARATION BY CLUB SECRETARY

"I certify that:

- a) I have read and accept the Constitution and the Promoter's Conditions of the NASLS. All the swimmers comprising my Swimming Club team(s) will be eligible in accordance with those conditions. All swimmers will be appropriately registered with the Swim England.
- b) A Team Manager [or Coach] of my Club will supply an electronic copy in the required format of our intended team list to the gala recorder showing a named swimmer[s], date of birth and their Swim England number for each event, no later than 24 hours before the start of the warm up and any subsequent change shall be notified immediately to the gala recorder using the official paperwork.
- c) My Club will ensure that only swimmers who are known to be competent to consistently execute a safe shallow racing dive will be allowed to dive into shallow water in galas promoted by the NASLS. [NOTE: shallow water is less than 1.5 metres deep. The depth of shallow water will be announced at NASLS galas. Normally there shall be no diving during the warm-up but diving will be allowed with the Referee's permission when a team accepts responsibility to supervise their own team to operate a safe sprint lane.

NAME OF CLUB:

NAME AND SIGN:

DATE:

It is important that I communicate with the correct person in your Club. Please identify your nominated NASLS Contact, who may be yourself:

NAME OF CLUB CONTACT:

EMAIL ADDRESS:

ADDRESS:

TELEPHONE NUMBER:

If you wish to change this contact at a later date please notify the Hon. Secretary NASLS as soon as possible.