

# THE NATIONAL ARENA SWIMMING LEAGUE

## EAST MIDLANDS

### *RULES FOR 2017*

- 1 a. The objective is to find the clubs to represent the National Arena Swimming league - East Midlands into the Inter-League A & B finals.
- 1 b. The objective is to arrange the galas so as to give the opportunity for the maximum number of different teams to compete against each other.
- 1 c. The League year shall run from 1<sup>st</sup> April to 31<sup>st</sup> March
2. Membership shall be open to clubs affiliated to one of the Regions of the A.S.A. and subject to the approval of the executive committee. Applications for membership should be made to the League Secretary together with the appropriate fee by 1st May and shall be placed on the Agenda of the A.G.M., similarly resignations should meet the same timescale.
3. The National Arena Swimming League East Midlands shall be managed by a committee consisting of two delegates representing all clubs. The Chairman (whose appointment shall run for two years), Vice Chairman, Past Chairman, Secretary and Treasurer to be ex-officio members. These officers together with two elected members form an Executive Committee.
4. The AGM shall be held second/third Sunday of June of each year, the business of which is to elect Officers (Vice Chairman, Secretary, Treasurer and two other members), review rules and carry out any other necessary business. Any proposed changes to the rules, duly seconded by another club, must be sent to the Secretary by 31st January. These changes shall be included on the Agenda of the AGM which will be circulated not less than fourteen days prior to the meeting. All decisions shall be made by a simple majority of those present and entitled to vote at the AGM. In the event of the dissolution of the league, the remaining funds shall be devoted to the objectives as determined by the members of the committee.
- 5 a. Each team shall pay an annual subscription. The cost of the subscription shall be determined at the AGM prior to the forthcoming year of competition. (Only paid up members shall be entitled to vote at the AGM) and any team whose subscription is unpaid by 1st June shall not be entitled to participate in the League draw or in the AGM. Should NEW clubs apply after this date their participation is subject to approval of the committee
- 5 b.
  - i) Each team shall contribute to a travel fund the cost of which shall be determined at the AGM prior to the forthcoming year of competition.
  - ii) To this pool can be added any other available funds.
  - iii) The first 100 miles of any trip shall not be eligible to participate in the fund.
  - iv) To determine the allocation of the fund, the fund is divided by the eligible miles claimed and apportioned appropriately.
  - v) The Honorary Treasurer must receive claims on this pool by **the 31st January** following the completion of the league.
6. There shall be a limit of £100 for each trip in each round of the competition, and claims of £5 and under shall be ignored.
7. Every swimmer participating in the National Arena Swimming League East Midlands shall have joined the club he/she represents and registered with the ASA before **1st October in the year of competition** prior to joining any other swimming club of which he/she is a member and which is also participating in this competition. Any competitor having swum for one club in any of the National Arena swimming leagues shall be ineligible to swim for another club in the current league competition, 1st May - 30th April. Any club found guilty of contravening this rule and/or rule 7 regarding age qualifications may be expelled from the league. **competition A swimmer must have swum in at least one round of the league in the year of to be able to swim in a National Final, except where medical proves injury or illness.**

- 7.a Competitors may swim in any number of events, subject to a maximum of two individual events in their own age group. With one event up. Open swimmers may only swim three individual events. Age of swimmers for 2017/ competition for all three rounds, will be age as at the 31<sup>st</sup> December 2017, and the final on 21/22April the age groups will change only for the NATIONAL FINALS to 12U,14U,16U, & OPEN with ages as at the 31<sup>st</sup> December 2017
- 7 b. All clubs must, seven days prior to the first round, submit a detailed list of members to compete in the league, giving names, dates of birth, and registration numbers or indicate evidence of registration, to the League Secretary. A team list must be handed to the organising club at the commencement of each gala.

8. Programme of Events :-

1	Ladies	Open	4 x 2	Individual Medley **
2	Mens	Open	4 x2	Individual Medley **
3	Girls	9 - 11	4 x2	Freestyle Relay
4	Boys	9 - 11	4 x 2	Freestyle Relay
5	Girls	13/under4	x 2	Medley Relay
6	Boys	13/under4	x 2	Medley Relay
7	Girls	15/under4	x 2	Freestyle Relay
8	Boys	15/under4	x 2	Freestyle Relay
9	Ladies	Open	4 x 2	Medley Relay
10	Mens	Open	4 x 2	Medley Relay
11	Girls	10 - 11		Backstroke
12	Boys	10 - 11		Backstroke
13	Girls	13/under		Breaststroke
14	Boys	13/under		Breaststroke
15	Girls	15/under		Backstroke
16	Boys	15/under		Backstroke
17	Ladies	Open		Butterfly
18	Mens	Open		Butterfly
19	Girls	10 - 11		Butterfly
20	Boys	10 - 11		Butterfly
21	Girls	13/under		Backstroke
22	Boys	13/under		Backstroke
23	Girls	15/under		Butterfly
24	Boys	15/under		Butterfly
25	Ladies	Open		Backstroke
26	Mens	Open		Backstroke
27	Girls	10 - 11		Breaststroke
28	Boys	10 - 11		Breaststroke
29	Girls	13/under		Butterfly
30	Boys	13/under		Butterfly
31	Girls	15/under		Freestyle
32	Boys	15/under		Freestyle
33	Ladies	Open		Breaststroke
34	Mens	Open		Breaststroke
35	Girls	10 - 11		Freestyle
36	Boys	10 - 11		Freestyle
37	Girls	13/under		Freestyle
38	Boys	13/under		Freestyle
39	Girls	15/under		Breaststroke
40	Boys	15/under		Breaststroke
41	Ladies	Open		Freestyle
42	Mens	Open		Freestyle
43	Girls	9 - 11	4 x 2	Medley Relay
44	Boys	9 - 11	4 x2	Medley Relay
45	Girls	13/under4	x 2	Freestyle Relay
46	Boys	13/under4	x 2	Freestyle Relay
47	Girls	15/under4	x 2	Medley Relay
48	Boys	15/under4	x2	Medley Relay
49	Ladies	Open	6 x 2	Freestyle Relay *
50	Mens	Open	6 x 2	Freestyle Relay *

**\*\* IM 4x2 for Premier Division only  
Division Two to swim 4x1 in events 1 & 2**

**\* The 6x2 for Premier Division only  
Division Two to swim events 49 & 50, 4x2**

## Distances to be swum:

Individual Events (except Individual Medley)      10-11, 50m all strokes All other age groups 100m

### **Individual Medley 4x2 in 25m pool for Div1 4x1 in 25M pool for Div2**

#### Relay Events

		10-11	13/U	15/U	Open
In baths 4 lengths to 100m	Freestyle	4x2	4x2	4x2	6x2* Premier only
In baths 4 lengths to 100m	Medley	4x2	4x2	4x2	
In baths 2 lengths to 100m	Freestyle	4x1	4x1	4x1	6x1 Premier only
In baths 2 lengths to 100m	Medley	4x1	4x1	4x1	

### **Individual Medley 4x2 in 25m pool for Div1 4x1 in 25M pool for Div2**

9. The League shall be divided into divisions of multiples of 5 or 6 teams as nearly equal in number as possible. 2 teams shall be promoted from each division and 2 teams shall be relegated from each division excluding the lowest division. The League shall be organized in accordance with the attached matrix and for Round One a draw to be made at the A.G.M. between the teams to divide them into groups of 5 or 6 for the galas to be swum on the first night.
10. The National Arena Swimming League - East Midlands will be organised on a league basis as per attached matrix.  
  
To determine placings if teams tie on league points.  
  
Round One, Round Two & Round Three the total gala points will be taken into account.  
  
If there is a tie on total gala points then the 1st places in that gala will be taken into account.
11. **One of the clubs shall be nominated "Organising Club" and shall act as agent of the League in line with the guidance notes for organising clubs. These clubs will be responsible for ensuring that the Pool Safety Laws as stated in the current A.S.A. Laws are complied with in full.**
12. The Secretary shall notify the teams:-
  - a. The venues for the next round at least 14 days before the gala date.
  - b. The results of the galas as well as the complete league tables after each round.
13. Clubs failing to attend a gala shall be liable to a fine -for non-attendance shall be reported to the Honorary Secretary within 14 days who will refer the reasons to the Executive Committee for disciplinary consideration.
14. Any club having achieved reaching a National final and fails to take part will be fined £500 and relegated to the bottom division, this subject to a committee review of the reasons for not taking part.
15. All galas in the Premier Division are to be scored on the electronic score sheet, which will be included with the Rules and available to download from the Arena website. All visiting teams to the gala must supply their team listings on a memory stick and bring to the gala for uploading prior to start. This is mandatory for the Premier Division but it is hoped that we will be able to utilise this facility in Division Two.
16. The interpretation of any matter not covered by these rules shall be referred to the Executive Committee.