

First round will be swum on the 13 October 2018. Teams will warm up and compete in the lanes below

Premier Division

	GALA 1	GALA 2	GALA 3
	Milfield 1pm	Horfield 2pm	Newport 4pm
1	Soundwell A HOST	Poole A SC	Swansea Aquatics
2	Exeter SC	Bristol Henleaze SC	RCT Performance Squad
3	Plymouth Leander	Millfield HOST	City of Cardiff A HOST
4	Keynsham SC	Truro SC	City of Cardiff B
5	Bridgend SS	Mount Kelly	Swindon A SC
6	City of Bristol A SC	Weston S Mare SC	Nofio Sir Gar SC

Division 1

	GALA 1	GALA 2	GALA 3
	Milfield 4pm	Newport 1pm	Hutton Moor 5pm
1	City of Newport HOST	Carn Brea SC	Street & District SC HOST
2	Academy ST Burnham	West Dorset SC	Paignton SC
3	Poole B SC	West Wilts Force 5	Newton Abbot SC
4	Seagulls SC	Backwell SC HOST	Sevenside Tritons
5	Devonport Royal	Cirencester SC	Barnstaple SC
6	Southwold SC	Torfaen Dolphins	Neath SC
7	Clevedon SC	Tornadoes of South Dorset SC	Bath Dolphins
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Division 2

	GALA 1	GALA 2
	Hutton Moor 2pm	Horfield 5pm
1	Bristol North SC HOST	Dawlish SC
2	Swindon B SC	Bristol Penguins SC HOST
3	Kingsbridge Kingfishers SC	Tiverton SC
4	Team Bath AS	Llanelli SC
5	Bridgend Swim Club	Wellington SC
6	St Austell SC	City of Bristol B
7	Chard SC	Soundwell B SC
8	Yeovil SC	Bridgwater SC

All teams will note the rounds will be swum on the following dates. Saturday the 13th October, 10th November and 8th December 2018.
Start of warm up will be the time indicated above the gala draw, warm up will be 20 minutes